

## Dr Joanna Claire Cook

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### EDUCATION AND QUALIFICATIONS

- Oct. 2002 – March 2006      **Girton College, University of Cambridge**  
PhD, Department of Social Anthropology: ‘Vipassana Meditation and the Monasticization of Popular Buddhism in Thailand’. Passed with no corrections, 11<sup>th</sup> July 2006. (ESRC Award for Postgraduate Training; Admitted to College as Post-Graduate Scholar of Girton; Ling Roth Travel Fund; Pillman Fund; Richards Fund; Evans Fund)
- Oct. 2001 – Oct. 2002      **Girton College, University of Cambridge**  
MPhil in Social Anthropological Research Methods; ESRC-accredited interdisciplinary social science research methods course.
- Oct. 1997 – June 2001      **The Queen’s University of Belfast**  
B.A. (1<sup>st</sup> Class Hons), Social Anthropology.

### PRESENT EMPLOYMENT

- 1<sup>st</sup> November 2012 -      **Department of Anthropology, University College London**  
*Reader in Medical Anthropology* (permanent stipendiary position)
- Head of Teaching* (2018/19)  
*Deputy Head of Department* (2018/19)  
*Admissions Tutor* (2015/16)  
*Outreach Officer* (2015/16)

### PREVIOUS EMPLOYMENT

- 1<sup>st</sup> Sept 2011 –  
31<sup>st</sup> August 2014      **Dept. of Anthropology, Goldsmiths**  
*Lecturer in Anthropology* (three-year fixed-term stipendiary position)  
*Convener*, MA Anthropology of Health & the Body in the 21<sup>st</sup> Century  
*Convener*, MA Social Anthropology
- 1<sup>st</sup> July 2007 – 30<sup>th</sup> Sept 2011      **Christ’s College, Cambridge**  
*George Kingsley Roth Research Fellow* (four-year fixed-term stipendiary position)
- 1<sup>st</sup> Jan. 2006 – 31<sup>st</sup> Dec. 2006      **Pembroke College, Cambridge**  
*College Lecturer in Archaeology and Anthropology* (one-year fixed-term stipendiary position)  
*Director of Studies* Pembroke College, Cambridge  
*Director of Studies* Selwyn College, Cambridge
- Oct. 2005 – Oct. 2006      **Faculty of Archaeology and Anthropology, Cambridge**  
*Faculty Assistant Teacher* (one-year fixed-term non-stipendiary position)

## OTHER APPOINTMENTS AND AFFILIATIONS

2019 – present	Committee Member, JRAI Publications Committee
2019 – present	Member, The Open Dialogue Network
2016 – 2017	Visiting Scholar, Department of Anthropology, Stanford University
2015 – present	Honorary Fellow, South London and Maudsley NHS Foundational Trust
2015 – 2018	External Examiner for MPhil cohorts, Division of Anthropology, University of Cambridge
2015 – 2016	Advisory Panel Member, ASPIRE project, National Institute for Health Research
2014 – present	Editorial Board Member of <i>Medical Anthropology Journal</i> .
2014 – present	Editorial Board Member of <i>Anthropology &amp; Medicine Journal</i> .
2013 – present	Editorial Board Member of <i>Cambridge Anthropology Journal</i> .
2011	Visiting (Senior) Research Fellow, National University of Singapore (three-month fixed-term stipendiary position, January – April 2011).
2009 – 2010	Research Associate, College of Religious Studies, Mahidol University, Bangkok.

## PHD SUPERVISION

Ben Theobald (2019 – present)	<i>The curricula and pedagogy of ethics in a Thai monastic school</i>
Rebecca Williams (2015 – present)	<i>Decision-making at principal junctures in palliative care: an ethnographic analysis.</i>
Jessica Jennings (2015 – 2019)	<i>Navigating epistemologies in the practices of Reiki in London.</i>
Ignacia Arteaga Perez (2015 – 2018)	<i>The care in the network: everyday experiences of colorectal cancer treatments in London.</i>
Kakanang Yavaprabhas (2014 – 2018)	<i>Bhikkhuni in Thailand: When women wear the yellow robes.</i>
Caroline Ackley (2013 – 2017)	<i>Negotiations of intimacy and morality in Hargeisa, Somaliland.</i>

## POSTDOCTORAL MENTORING

Dr Timothy Carroll (2017 – 2020)	<i>‘Doing Dignity: Orthodoxies of Palliative Care’</i> . British Academy Postdoctoral Fellowship
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## TEACHING EXPERIENCE

### UCL 2012 – present

#### Lecturer/convener

##### IBSc

Medical Anthropology

##### BSc

Medical Anthropology; Reproduction, Sex & Sexuality; Anthropology of Ethics and Morality; Research Ethics; Being Human

##### MSc

Medical Anthropology; Anthropology and Psychiatry; Gender, Society and Representation; Anthropology of Ethics and Morality; Research Ethics; Anthropological Research Methods & Research Design; Ethnographic Reading

#### Dissertation Supervisor

IBSc, BSc, MSc, MRes & PhD Medical Anthropology; BSc, MSc, MRes & PhD Social Anthropology

#### Departmental Tutor

IBSc & MSc in Medical Anthropology & BSc in Social Anthropology

#### Seminar Leader

Medical Anthropology Seminar; Mental Health Research and Reading Group

### Goldsmiths College (2011-2012)

#### Lecturer/convener

##### BA

Medical Anthropology; Anthropology of Myth and Ritual

##### MA

Anthropology of Health and the Body in the 21<sup>st</sup> century; Medical Anthropology; Social Anthropology; Social Anthropological Research Methods

##### PhD

PhD Writing Up Seminar

#### Dissertation Supervision

BA, MA & PhD Social and Medical Anthropology

### Cambridge University (2006-2011)

#### Lecturer

##### BA

Advanced Social Anthropology: Thought, belief and Ethics

##### MPhil

The Anthropology of Religion; Ethnographic Methods; Experiences of the Field; The Anthropology of Southeast Asia

#### Supervision

BA Anthropology; BA Social and Political Science

#### Director of Studies

Pembroke College & Selwyn College

## GRANTS

### 2016 (External)

British Academy Senior Research Fellowship (£49,822)

### 2015 UCL (Internal)

PI – UCL Grand Challenges Human Wellbeing Small Grant (£1,000)

### 2014 UCL (Internal)

PI – Dean's Travel Fund (£750)

PI – Study Assistance Scheme (£865)

### 2012 Goldsmiths College (External)

Co-I – Wenner-Gren Workshop Grant for 'Postdemocracies' (£11,253)

Co-I – CRASSH Conferences support (£2,000)

### 2007 - 2011 Christ's College, Cambridge (External)

Co-I – ESRC International Training and Networking Opportunities Grant, (£39,967)

Co-I – CRASSH conference support (£2,000)

PI – Newton Trust Research Award (£4,300)

PI – ASEASUK Research Funding Award (£2,800)

PI – CRASSH conference support (£2,000)

### 2007 Pembroke College, Cambridge (External)

PI – British Academy Small Research Grant (£7,500).

## KNOWLEDGE TRANSFER/EXCHANGE ACTIVITY

Since my PhD I have been invited to give over 50 lectures about my work at national and international academic institutions.

The impact of my work has extended beyond the academic arena, reaching diverse audiences through various media and public events:

2018 Public Lecture, 'Mindfulness in Public Discourse', Centre of Buddhist Studies, SOAS University of London.

2018 Keynote address, 'If mindfulness is the answer what is the question?', Swiss Biennial on Science, Technics and Aesthetics.

2017 Radio interview, Russell Brand, Radio X, Ep26: Luring the Denizens of the Night.

2015 Public Lecture, 'Mindfulness, well-being and detachment', hosted by Victoria University of Wellington.

2015 Symposium Address, 'Mindfulness: Secular, religious, both or neither?' London Buddhist Society.

2015 Documentary film interview, 'The Future of Work and Death', Sundance.

2015 Keynote address, 'Mind the gap: experience, appearance and constitutive knowledge', Mind & Life Institute.

2014 Panel Discussion, 'Let's Talk About Death', with Will Self, Stephen Cave and Jonathan Rowson, RSA.

2013 Interview, 'The End of The Body?', Canadian Broadcasting Corporation.

2012 Interview, 'Mindfulness and Mental Health', Australian National Broadcasting Corporation.

## LIST OF PUBLICATIONS

### MONOGRAPHS

**In preparation** Cook, J. *Making a Mindful Nation*. (anticipated 2021)

**2010** Cook, J. *Meditation in Modern Buddhism: Renunciation and Change in Thai Monastic Life*. Cambridge: Cambridge University Press.

### EDITED VOLUMES

**2016** Cook, J., Long, N., & H. Moore, (eds), *The State We're In: Reflecting on Democracy's Troubles*. New York, Oxford: Berghahn Books.

**2015** Candea, M., Cook, J., Trundle, C., & T. Yarrow (eds), *Detachment: Essays on the Limits of Relational Thinking*. Manchester: Manchester University Press.

**2012** Chua, L., Cook, J., Long, N., & L. Wilson (eds), *Power: Southeast Asian Perspectives*. Oxon: Routledge.

### SPECIAL ISSUES

**Accepted and forthcoming** Cook, J., & C. Trundle (eds), 'Unsettled Care', *Anthropology & Humanism* Special Issue (anticipated 2020)

**Accepted and forthcoming** Cook, J. (ed) 'Cultures of Mindfulness', *Anthropology Today* (anticipated 2020)

### JOURNAL ARTICLES

**Under review** Cook, J. 'Mindfulness and resilience in Britain: A genealogy of the 'present moment'. In *Journal of Global Buddhism* (anticipated 2020).

**Accepted and forthcoming** Cook J. & C. Trundle 'Unsettled Care'. In, J. Cook & C. Trundle (eds), *Unsettled Care, Anthropology & Humanism* Special Issue (anticipated 2020).

**Accepted and forthcoming** Cook, J. 'Unsettling care: Intersubjective embodiment in Mindfulness-based Cognitive Therapy'. In, J. Cook & C. Trundle (eds), *Unsettled Care, Anthropology & Humanism* Special Issue (anticipated 2020).

**Accepted and forthcoming** Cook, J. 'ASA Debate 2018: Morality is fundamentally an evolved solution to problems of social cooperation (oppose)'. In, *Journal of the Royal Anthropological Institute* (anticipated 2020).

**2018** Cook, J. 'Buddhism'. In, H. Callan (ed), *The International Encyclopaedia of Anthropology*. Wiley-Blackwell.

- 2018 Cook, J. 'Paying attention to attention'. In, *Anthropology of this Century*, 22.
- 2017 Cook, J. 'Living Buddhism: Mind, self, and emotion in a Thai community [review]'. In, *Medical Anthropology Quarterly*, 31 (4).
- 2016 Cook, J. 'Mindful in Westminster: The politics of meditation and the limits of neoliberal critique'. *HAAU: Journal of Ethnographic Theory* 6 (1): 69-91.
- 2016 Cook, J. "Ethnography: Translation." Correspondences, *Cultural Anthropology*, May 11.  
<https://culanth.org/fieldsights/ethnography-translation>
- 2016 Asavarut, P., Norsworthy, PJ., Cook, J., Taylor-Robinson, SD., Harrison, RV., 'Diet and disease: Transgressing boundaries between science and society - understanding neglected diseases through the lens of cultural studies and anthropology'. In, *Medical Humanities*, 42 (3) pp. 181-183.
- 2013 Venkatesan, S., Martin, K., Scott, M. W., Pinney, C., Ssorin-Chaikov, N., Cook, J., & Strathern, M. 'The Group for Debates in Anthropological Theory (GDAT), The University of Manchester: The 2011 annual debate – Non-dualism is philosophy not ethnography'. In, *Critique of Anthropology*, 33 (3) pp. 300-360.
- 2009 Cook, J. 'Hagiographic narrative and monastic practice: Buddhist morality and mastery amongst Thai Buddhist nuns'. In, *The Journal of the Royal Anthropological Institute*, No. 15, pp. 349-364.
- 2008 Cook, J. 'Alms, money and reciprocity: Buddhist nuns as mediators of generalized exchange in Thailand'. In, *Anthropology in Action Special Edition: Gift Exchange in Modern Society*, Vol. 15, No. 3, pp. 8-21.
- 2008 Cook, J. 'Tattoos, corporeality and the self: dissolving borders in a Thai monastery'. In, *Boundary Crossings: A Festschrift in memory of Sue Benson*, Special Issue of *Cambridge Anthropology*, Vol. 27, No. 2, pp.20-35

## BOOK CHAPTERS

- Accepted and forthcoming** Cook, J. 'Self-cultivation as ethical practice: Navigating a path between determinism and self-making'. In, J. Laidlaw (ed), *Cambridge Handbook of the Anthropology of Ethics and Morality*. Cambridge: Cambridge University Press (anticipated 2021).
- Accepted and forthcoming** Cook, J. 'The skilful means of the mindful advocate'. In, M. Candea & P. Heywood (eds), *Daring to Explain: Ethnographies of explanation and the explanation of ethnography*. Cornell University Press (anticipated 2021).
- 2020 Cook, J. 'Mindfulness in Westminster: The All-Party Parliamentary Group's Mindful UK (2015)'. In, P. Salguero (ed), *Buddhism and Medicine: An anthropology of modern and contemporary sources*. New York: Columbia University Press.
- 2018 'Remaking Thai Buddhism through International Pilgrimage to South Asia'. In, A. M. Pinkney & J. Whalen-Bridge (eds), *Religious Journeys in India: Pilgrims, tourists, and travellers*. New York: SUNY, pp. 37-64.
- 2017 Cook, J. 'Mind the Gap': Appearance and reality in Mindfulness-based Cognitive Therapy'. In, D. McMahan & E. Braun (eds) *Meditation, Buddhism, and Science*. Oxford: Oxford University Press, pp. 114-132.
- 2016 Cook, J. 'Mindful in Westminster: The politics of meditation and the limits of neoliberal critique'. In, I. Kavedžija & H. Walker (eds), *Values of Happiness: Towards an anthropology of purpose in life*. Chicago: Hau Books, pp. 163-190.
- 2016 Cook, J., Long, N., & H. Moore, 'Introduction'. In, J. Cook, N. Long & H. Moore (eds), *The State We're In: Reflecting on Democracy's Troubles*. New York, Oxford: Berghan Books, pp. 1-26.
- 2015 Cook, J. 'Detachment and engagement in Mindfulness-based Cognitive Therapy'. In, M. Candea, J. Cook, C. Trundle & T. Yarrow (eds), *Detachment: Essays on the Limits of Relational Thinking*. Manchester: Manchester University Press, pp. 219-235.

- 2015** Candea, M., Cook, J., Trundle, C., & T. Yarrow, 'Introduction'. In, M. Candea, J. Cook, C. Trundle & T. Yarrow (eds), *Detachment: Essays on the Limits of Relational Thinking*. Manchester: Manchester University Press, pp. 1-34.
- 2013** Cook, J. 'Directive and Definitive Knowledge: Experiencing achievement in a Thai Meditation Monastery'. In, N. Long & H. Moore (eds), *The Social Life of Achievement*. New York, Oxford: Berghan Books, pp. 103-119.
- 2012** Chua, L., Cook, J., Long, N., & L. Wilson, 'Introduction: Power and orientation in Southeast Asia'. In, L. Chua, J. Cook, N. Long & L. Wilson (eds), *Power: Southeast Asian Perspectives*. Oxon: Routledge, pp. 1-15.
- 2012** Cook, J. 'Power, protection and perfectibility: Aspiration and materiality in Thailand'. In, L. Chua, J. Cook, N. Long & L. Wilson (eds), *Power: Southeast Asian Perspectives*. Oxon: Routledge, pp.37- 50.
- 2010** Cook, J. 'Ascetic practice and participant observation, or, the gift of doubt and incompleteness in field experience'. In, J. Davies & D. Mihaylova (eds), *Emotions in the Field: Surviving and Writing-Up Fieldwork Experience*. Stanford University Press, pp. 239-265.
- 2009** Cook, J. Laidlaw, J. & J. Mair, 'What if there is no elephant? Towards a conception of an un-sited field'. In, M. Falzon (ed), *Multi-Sited Ethnography: Theory, Praxis and Locality in Contemporary Social Research*. Ashgate Publishing, pp. 47-72.